

## An Executive Summary of the Adverse Effects of Child Abuse and Neglect



A recent study (2018) by the CDC and Kaiser Permanente reaffirmed that child abuse and neglect affect children's health and development, and the cost to our community is significant. Neglect, physical abuse, and sexual abuse lead to poor physical and mental health. The physical, psychological, behavioral, and economic consequences of child maltreatment are evident.

Prevalence: 1 in 4 children suffer abuse.

- An estimated 702,000 children were confirmed by child protective services as being victims of abuse and neglect in 2014.<sup>1</sup>
- At least one in four children have experienced child neglect or abuse (including physical, emotional, and sexual) at some point in their lives, and one in seven children experienced abuse or neglect in the last year.<sup>2</sup>

### Child Abuse and Neglect Affect Children and Our Community . . .

#### Physical Consequences . . .

- In 2014, approximately 1,580 children died from abuse and neglect across the country—a rate of 2.13 deaths per 100,000 children.<sup>1</sup>
- Abuse and neglect during infancy or early childhood can cause regions of the brain to form and function improperly with long-term consequences on cognitive and language abilities, socioemotional development, and mental health.<sup>3</sup>
- Children may experience severe or fatal head trauma because of abuse. Nonfatal consequences of abusive head trauma include varying degrees of visual impairment, motor impairment and cognitive impairments.<sup>6</sup>
- Children who experience abuse and neglect are also at increased risk for adverse health effects and certain chronic diseases as adults, including heart disease, cancer, chronic lung disease, liver disease, and elevated levels of C-reactive protein.<sup>7,8,9</sup>

#### Psychological Consequences . . .

- 80% of young adults who had been abused met the diagnostic criteria for at least one psychiatric disorder at age 21. These young adults exhibited many problems, including depression, anxiety, eating disorders, and suicide attempts.<sup>10</sup>
- The stress of chronic abuse results in high levels of anxiety and often makes victims more vulnerable to problems, such as post-traumatic stress disorder, conduct disorder, and learning, attention, and memory difficulties.<sup>4,5</sup>

## Behavioral Consequences . . .

- Children who experience abuse and neglect are at increased risk for smoking, alcoholism, and drug abuse as adults, as well as engaging in high-risk sexual behaviors.<sup>7,11</sup>
- Those with a history of child abuse and neglect are 1.5 times more likely to use illicit drugs, especially marijuana, in middle adulthood.<sup>12</sup>
- Abused and neglected children are at least 25% more likely to experience problems such as delinquency, teen pregnancy, and low academic achievement.<sup>13</sup> Similarly, a longitudinal study found that physically abused children were at greater risk of being arrested as juveniles, being a teen parent, and less likely to graduate high school.<sup>14</sup>
- Being abused or neglected as a child increases the likelihood of arrest as a juvenile by 59%. Abuse and neglect also increased the likelihood of adult criminal behavior by 28% and violent crime by 30%.<sup>15</sup>
- Child abuse and neglect can have a negative effect on the ability of both men and women to establish and maintain healthy intimate relationships in adulthood.<sup>16</sup>

## Economic Consequences . . .

- The total lifetime economic burden resulting from new cases of fatal and nonfatal child abuse and neglect in the United States in 2015 is approximately \$124 billion<sup>17</sup>.
- The estimated average lifetime cost per child surviving abuse and neglect is \$210,012 (in 2015 dollars), including
  - Childhood health care costs
  - Adult medical costs
  - Productivity losses
  - Child welfare costs
  - Criminal justice costs
  - Special education costs

## References

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