

Our offices are especially designed to provide Play Therapy





Each Keystone space is bright, inviting, and carefully planned to encourage hope and healing

We offer comfortable waiting areas that have a homey atmosphere



Keystone Mental Health Services

Keystone offers a broad range of mental health care. Licensed psychologists and clinical social workers provide mental/behavioral health care for infants, children, adults, and families.

We specialize in treating the very young child, complex conditions, comprehensive psychological evaluations, and cultural competency.

Treatment

For families, adults, and children 12 years and under

- Individual, Family, and Psychotherapy
- Parent Education and Parent Coaching

Assessment

- Comprehensive Psychological Evaluations for all ages and various referral questions
- Mental Health Screenings; Developmental Screenings
- Parenting Assessments; Bonding Assessments

Problems Addressed

We address many types of concerns faced by children, parents, adults, and families. These include, but are not limited to:

Resources

Depression Anxiety Loss/Grief Trauma Reactions School Problems **Disruptive Behaviors** Family Relationships/Parenting Peer Friendships Attention Deficit/Hyperactivity **Clarification of Diagnosis** Disorder Recommendation of services/

Identifying level of functioning

Community Education and Consultation

Provided upon request, can be arranged by calling Dr. Lizette Smith, Director of Clinical Programs. (314) 533-2229 ext 200

Payment Resources

There are several options that help cover the cost of care: Private Health Insurance, Medicaid and Medicaid HMO's St. Louis City Mental Health Board Fund (for St. Louis city children residents) St. Louis County Children's Services Fund (for St. Louis county children residents) Jefferson Foundation (for Jefferson county residents) Sliding Fee Scale (based on income and size of household) **Missouri Department of Social Services** (for court ordered services)

To learn more or to schedule an appointment, please call (314) 533-2229 ext 223



Our mission is to improve the mental health and well-being of clients, many who have limited access to mental health care, by:

- Decreasing symptoms
- Increasing functioning
- Through early intervention



4326 Lindell Boulevard • St. Louis, MO 63108 Phone: 314–533–2229 x223 Centrally located on bus routes and near Metrolink lines. Transportation assistance available.

ourlittlehaven.org





Our Little Haven is relentlessly committed to providing early intervention services for children and families. Our community of professional caregivers creates a safe, secure, and healing environment for those impacted by abuse, neglect, and mental or behavioral health needs. We make the hurting stop, the healing begin, and the love last, one family at a time.





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Keystone offers a broad range of mental health care. Licensed psychologists and clinical social workers provide mental/behavioral health care for infants, children, adults, and families. Our mission is to improve the mental health and well-being of clients, many who have limited access to mental health care, by decreasing symptoms, increasing functioning, and through early intervention.

Our Little Academy Day Treatment provides exceptional mental health treatment for young children with social, emotional, and behavioral challenges. We work closely with caregivers and an expert team of professionals who specialize in early intervention services. Together we help children reach their full potential and have some fun along the way.

Taylor Family Foster Care is family-centered and culturally competent. Care coordination is provided by dedicated case management professionals and a registered nurse for medical case management. These professionals are dedicated first and foremost to the safety and well-being of the children and families they serve.

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CARING FOR CHILDREN AND FAMILIES. MIND. BODY. SOUL.



Keystone Mental Health Services at Our Little Haven