



Keystone care, which is family-centered and culturally competent, is provided by 4 licensed doctoral level psychologists and 3 licensed clinical social workers. All Keystone mental health professionals have at least 5 years or more of clinical experience.

The Director of Clinical Programs, who is also Program Manager of Keystone, has been licensed in Missouri for more than 20 years.

Keystone care is family-centered and culturally competent.

Keystone Outpatient Mental Health Services at Our Little Haven

Keystone offers a a broad range of mental health services! Licensed psychologists and clinical social workers provide services for infants, children and adults.

Assessment

- Psychological Evaluations for all ages and a number of referral questions
- Mental Health Screenings/Developmental Screenings
- Parenting Assessments, Bonding Assessments

Treatment

For adults and for families with children 12 years and under
Treatment:

- Individual, Family and Group Psychotherapy
- Parent Education and Parent Coaching

Problems addressed include: depression; trauma; anxiety; school problems; attention deficit hyperactivity disorder; behavioral problems such as temper tantrums, defiance or rule-breaking; family problems, life changes or loss of loved ones; concerns about a child's development.

Community and Professional Training, Education and Consultation

Upon request, can be arranged by calling Dr. Lizette Smith at (314) 533-2229 ext. 200

Payment Resources for Keystone:

- Health Insurances, including Medicaid and Medicaid HMO's (ex. Health Care-USA)
- Sliding fee scale based.
- Underwriting support may be available to reduce or eliminate out-of-pocket cost; please inquire.

To schedule Keystone services, and/or to learn more:

(314) 533-2229, ext. 223

Keystone Location:

- 4326 Lindell Boulevard, St. Louis, MO 63108
- Centrally located on bus routes and near Metrolink lines.

Improving mental health and wellbeing, through increased access.



Early care makes a difference.

Our Keystone Mission:

To improve the mental health and wellbeing of clients who traditionally have limited access to mental health care

- by decreasing symptoms (psychological, behavioral, emotional) and
- increasing functioning (psychological, behavioral, emotional, developmental)
- through early intervention.

“Nobody can go back and start a new beginning, but anyone can start today and make a new ending.”

Maria Robinson

SERVICES PROVIDED BY LICENSED, EXPERIENCED PROFESSIONALS.

Keystone Outpatient Mental Health Services at Our Little Haven

Treatment: Individual, Family and Group Psychotherapy
Psychological Evaluations
Mental Health Assessments
Mental Health/Developmental Screenings
Parenting Assessments and Education
Bonding Assessments
Community Education & Professional Consultation



Our Little Haven is a
National Health Service Corps (NHSC)
Approved Health Care Site ~
Professionals committed
to underserved populations

St. Louis County  **Children's Service Fund**
Keeping Kids First



ourlittlehaven.org

4326 Lindell Boulevard • St. Louis, MO 63108

Phone: 314-533-2229 x223 • Fax: 314-533-0647

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Caring for Children and Families. Mind. Body. Soul.

Keystone Mental Health Services



Keystone

Mental Health Services
at Our Little Haven

Caring for Children and Families.
Mind. Body. Soul.
Increasing Access to Care.