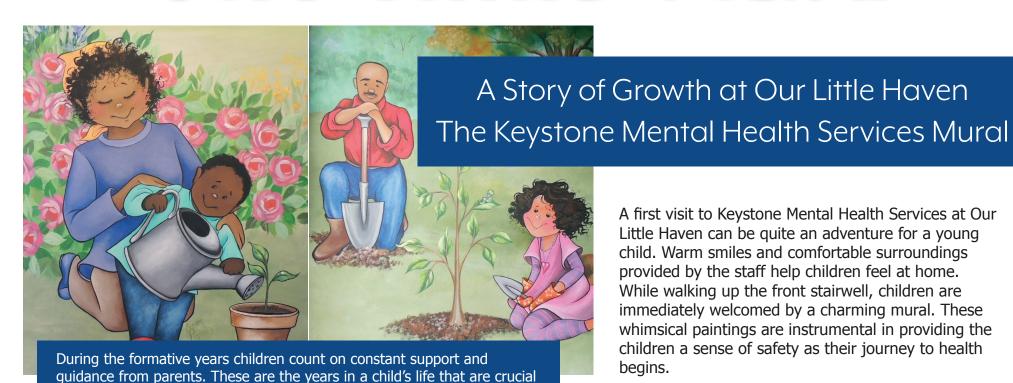


ur Little News



to continued social and emotional development. "Seeds" are planted with

A first visit to Keystone Mental Health Services at Our Little Haven can be quite an adventure for a young child. Warm smiles and comfortable surroundings provided by the staff help children feel at home. While walking up the front stairwell, children are immediately welcomed by a charming mural. These whimsical paintings are instrumental in providing the children a sense of safety as their journey to health begins.

The mural was painted during the summer of 2016 by Our Little Haven's longtime friend, Sue Pisoni. Sue worked with the clinical team at Keystone Mental Health Services to design a mural that would not only highlight the care and support provided by Our Little Haven, but also celebrate the diversity of children and families served.

care and compassion.

Keystone Mental Health Services at Our Little Haven works with over 400 children and families each year providing psychological evaluations, mental health screenings, parenting assessments, and treatment for children, families, and groups. For fifteen years the program has served the community and families who unfortunately have limited access to earlyintervention therapy and quality mental health care.



Early-intervention care provided by Our Little Haven, the community, and supporters like you leads to positive futures for children. Because of the steps taken early in life, a child will build strong and lasting relationships with family and friends.



Dr. Lizette Smith, Director of Clinical Programs and Program Manager for Our Little Haven since 2003, states, "Our goal is to improve the mental health and wellbeing of our clients. We work to reduce the symptoms associated with these challenges and increase daily life functioning for children and families under our care." Keystone Mental Health Services at Our Little Haven is provided by a treatment team of doctoral level psychologists, licensed clinical social workers. a registered nurse, and administrators. In addition, this vital team of experts in the early-intervention mental health field offer professional expertise and advice to community groups, school districts, and associations who work with children and families.

Thanks to your support, Our Little Haven treats numberous behavioral and mental health issues and breaks the cycle of abuse and neglect. Children will grow to become happy and healthy adults able to provide a loving and nurturing home for future generations. We celebrate the impact your involvement has made.



Our Little Haven Leadership

Executive Director: P. Scott Hummel, MSW, PhD (hon) Therapeutic Director: Kathleen Hummel, MSW, PhD (hon) Director of Finance & Operations: Michael P. Bahlinger, CPA Director of Clinical Programs: Dr. Lizette Smith, PhD

Jerry Adams Denise Bahlinger Peter Barkofske Peter Baxendale Megan Brady Michael Brennan Ron Cameron Dan Charles

Adrienne Davis Joe Eppy Steve Faust Ben Geis Robert & Anne Golterman Scott Goodman Kathleen Gunn Rick Heinrichs Maleen Corrigan Glenn & Maureen Heitmann

Pete & Dixie Hummel John Irace Mandy Kamykowski James & Anne Kelleher Margy Kemp Amanda Klenov George Kloster † Pat Kloster Dale & Beth Kluba

Carol Schuchard Paul Klug Mark Mager John Seiler Matt McGrath Jim Souers Robert & Denise Meyer Matt Stroble Lori Moser Dan Tarlas **Donald Vietor David Nestor** Christine & William Newbold Rev. Robert Weiss, S.J. † **David Nieters** Kent White Uiiwal Ramtekkar Risa Zwerling - Wrighton







St. Louis County Children's Service Fund Keeping Kids First





P.O. Box 23010 St Louis, MO 63156-3010 4316 Lindell Blvd St. Louis, MO 63108 (314) 533-2229 FAX (314) 533-3098

Webpage: www.ourlittlehaven.org

email: hschmidt@ourlittlehaven.org



Cookies, Kids, and Community

Our Little Haven believes that when we're born, God gives us a Cookie Jar and with each positive experience – every hug, each high-five, every success – we get a cookie in our Cookie Jar.

At about ten years old (the ending of our formative years) our Cookie Jar gets sealed up and what we have in our Jar is what nurtures us for the rest of our lives. Now, most of our Cookie Jars are pretty full. The Haven kids jars are empty and it's our honor to invite the community to fill them.

That's what YOU do - help to fill Cookie Jars!



Happy 25th Anniversary

2017 marks Our Little Haven's 25th Anniversary. The culmination of which will take place during the Anniversary Gala on April 22nd, 2018. The Spring 2018 Newsletter will feature our anniversary. However, we could not wait to share the impact we have made thanks to you. 18,849 children and families have been positively affected by the care, compassion, and services provided by Our Little Haven. None of \$100,000 was raised this year, which will benefit the programs at Our which would be possible without **YOU**!

Anniversary Logo!



2017 Golf Tournament

It was two beautiful days at Sunset Country Club when 200 golfers and guests joined us for the 25th Anniversary Golf Tournament in late September. The event's success is credited to the planning committee lead by Mr. Jess Kramper and Mr. Rob Golterman, our sponsors, volunteers, and presenting sponsor Marcone and Mr. Jim Souers. Little Haven. A special thank you to guest auctioneer, Lisa Goldkamp, Thanks to Trustee Matt Stroble & Phoenix Creative for creating our and the Goldkamp Family. We even raised enough to buy a new van!

Our Little Haven Young Professionals



You see us at the Spring Gala, rocking the runway at Chic Boutiques, hitting the links at the golf tournament, serving brews at Home Brew Fest, and asking tough questions at Trivia Night. The Haven Club young professionals are everywhere Our Little Haven goes. Some may say that should be our mission statement; you need us, and we will be there.

The Haven Club young professionals supports the mission of Our Little Haven by sharing their time and expertise. Our young professionals believe in the work at Our Little Haven and share their support through the activities and promotions of Our Little Haven. Young professionals interested in learning more may call Chris at (314) 669-9386. Chris will be happy to show you around Our Little Haven, share a little about the history, and let you know how you can help. To learn more visit our web page at www. ourlittlehaven.org.







Our Corner of Gratitude

Our Little Haven Leadership in the Community



Arrow Box Company to The Rescue

June is a hot month to be outdoors and painting, but our friends at **Arrow Box Company** were up to the challenge. Over three days in June, Arrow Box Company shared their time and talent with Our Little Haven. They spent their time scraping off paint, refinishing and repainting the link that connects two of Our Little Haven's programs, Our Little Academy and Keystone Mental Health Services. Thank you to the teams from Arrow Box Company for helping keep Our Little Haven looking great for the children, families, and staff.





Secret Tomato Bisque Recipe

The soup du jour at Our Little Haven is always Russo's Tomato Bisque, a fan favorite among the staff. Thank you to Tom Russo and the team at **Russo's Catering** for sharing our special moments at Our Little Haven this summer. Russo's Catering provided our staff and guests with delicious lunches during a tear-filled retirement celebrations (bottom photo features Susan), as well as a relaxing staff retreat (top photo). If you want the secret recipe, visit Tom at Russo's Catering because our lips are sealed (and our tummies full).

Administration Building Gets Some Love

Two days of hammering above our heads was well worth it now that the Administration Building at Our Little Haven has a new roof. Thanks to the generosity of **Kirberg Roofing**, our team can rest easy knowing that we can handle any weather St. Louis throws at us. Bring it on Mother Nature, Kirberg has us covered!



It Was Christmas in July

Santa made a visit to Our Little Haven this July. But he traded in his sleigh for a box truck full of toys. Thank you to all the members of the **St. Louis Independent Insurance Agencies** (S.T.L.I.A) for sharing their generosity with the children and families of Our Little Haven this summer. The truck was full with toys, school supplies, toiletries, paper towels, tissue paper... everything on our wish list. It took our elves an hour to unload everything, and it was worth seeing all the smiling faces.



Director of Clinical Programs at Our Little Haven, Dr. Lizette Smith, received the Missouri Psychological Association award for Outstanding Service to Diverse Populations. The Missouri Psychological Association (MOPA) provides resources, advocacy, and continuing education for Psychologists in Missouri. Dr. Lizette Smith (right) and Dr. Christi Moore (left), a Keystone Licensed Psychologist at Our Little Haven, both volunteer their time and leadership with MOPA.

New Staff



We welcome Danielle to Our Little Haven as she recently finished her LMSW at UMSL and is currently working on her LCSW with the help of Our Little Academy's Team. When Danielle is not working, you may find her hiking at Castlewood or enjoying an afternoon at a local dog park. Welcome to the team, Danielle!

DANIELLE FARNAM



What Becky likes best about Our Little Haven is the family atmosphere that is welcoming to new team members. She has found that her work at Our Little Academy can be stressful at times but always rewarding. Becky enjoys the outdoors like camping, hiking, boating, and her annual beach trip with her husband, Brandon, and their two young children. Welcome Becky, glad to have you on the team.

BECKY COULSON



Weekends are filled with dress up, baking, and family time for Tanesha and her 5 year old daughter, Amani. The youngest of four siblings, Tenesha comes to Our Little Haven's Taylor Family Care Center from Hopwell Center for Mental Health. She has a degree from North Carolina A&T, where she received an academic scholarship. Welcome Tanesha, we are proud to have you on the team!

TANESHA JACKSON

LEAVE A LEGACY OF HOPE

Leave a legacy of hope for generations to come.

For more about Our Little Haven's legacy giving, including tax-wise options call Mike Bahlinger

(314) 669-9320, mikebahlinger@ourlittlehaven.org

YOP AND NAP TAX CREDITS - A GIVING BENEFIT

Any individual, corporation, shareholder/partner in an S Corp, limited liability company or partnership, or a self-employed individual may be eligible for a 50% MO State Tax Credit for any contribution greater than \$2,000. Individual tax credits may be available, please call Mike Bahlinger (314) 669-9320, mikebahlinger@ourlittlehaven.org

Upcoming Events



Chic Boutiques Fashion Show Saturday, Nov 4, 2017 10 am - 2 pm St. Louis Frontenac Hilton Hotel Ballroom

Guests will enjoy a day of boutique shopping, Wine Pull, raffles, lunch and a fashion show.



Kendra Gives Back Event Saturday, Dec 2, 2017 12 pm - 3 pm Kendra Scott located inside Plaza Frontenac

20% of all purchases will be donated back to Our Little Haven.



Haven Club Trivia Night Saturday, Jan 27, 2018 7 pm - 10 pm St. Louis University High School

Join the Haven Club Young Professionals in a night of trivia fun!



25th Anniversary Spring Gala Sunday, Apr 22, 2018 5 pm - 9 pm Marriott St. Louis Grand Hotel

Celebrate Our Little Haven's 25th Anniversary at the annual Spring Gala.

For more information and registration on events, visit www.ourlittlehaven.org



Our Little News. FALL 2017

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Holiday Ywıng **Year End Donation:** You can contribute online or call Chris at (314) 669-9386. Remember we have MO State Tax Credits. Donate online: ourlittlehaven.org. **Cookie Jar Group Giving:** Involve your group! Our Group Giving Cookie Jars are the perfect way to share support in a group setting. Call Chris at (314) 669-9386, or email cmunoz@ourlittlehaven.org. "In Honor Of" Holiday Gift: for someone special. We send a special card announcing their gift, or we can send it to you so you can present it to them. Call Chris at (314) 669-9386. You can see a sample online at ourlittlehaven.org. **Adopt-A-Family:** Many OLH families need extra help this time of year to make the season bright. Contact Sharon (314) 531-3183 x229, swhalen@ourlittlehaven.org. **Wishlist or Toy Drive:** Involve your group/family: collect needed items or toys. Call Chris (314) 669-9386 or email him at cmunoz@ourlittlehaven.org. For more information visit

ourlittlehaven.org







Big Wish List

WE HAVE SOME EXTRA
SPECIAL WISHES THIS YEAR.
IF YOU WOULD LIKE TO
HELP WITH A BIG WISH,
PLEASE CALL CHRIS AT
(314) 669-9386.

16" BIKE WITH TRAINING WHEELS

BALANCE BIKE
FOUR NEW LAPTOPS

PAPER CUTTER (TRIMMER)

PAPER PRODUCTS

QUICK LAMINATING THERMAL

LAMINATOR

SMART TV
WEIGHTED BLANKETS