

OUR LITTLE NEWS



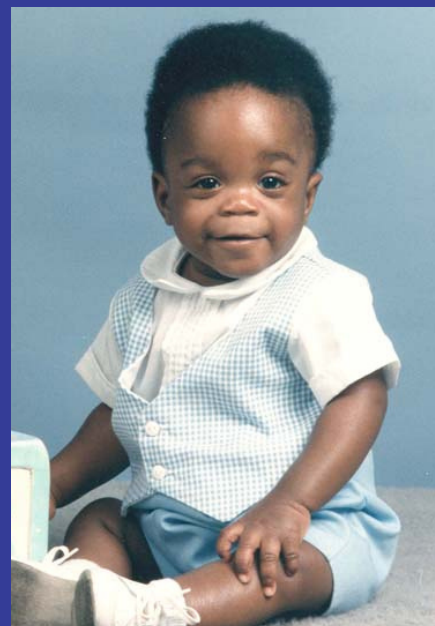
SUMMER 2023



A HAVEN IN OUR COMMUNITY

ALSO IN THIS ISSUE

**NEW OLH GIVING PLATFORM
IMPORTANT UPDATES**



Dillon in 1993

Dillon, one of the first children that we welcomed into our care when we were a residential program in 1993, celebrates his 30th birthday with our Executive Director, Scott Hummel. Dillon and his mom came by Our Little Haven for a birthday visit, we have been honored to welcome back many alums over the years as OLH is part of their stories.

THE HAVEN COMMUNITY

*We believe that when we're born, God gives us a **Cookie Jar** and with each positive experience – every hug, each lesson learned, every positive interaction – we get a cookie in our Cookie Jar.*

At about ten years old, the ending of our formative years, what we have in our Jar is what nurtures us for the rest of our lives.

The Haven Kids Jars are empty. Through our services – we provide the support, tools, and care to fill them, as well as give them the recipe to make their own cookies for the rest of their lives.

Help fill these Cookie Jars.



OUR MISSION

Our Little Haven is relentlessly committed to providing early intervention services for children and families. Our community of professional caregivers create a safe, secure, and healing environment for those impacted by abuse, neglect, and mental or behavioral health needs. We make the hurting stop, the healing begin, and the love last, one family at a time.

OUR LEADERSHIP

P. Scott Hummel, MSW, PhD (HON)
Executive Director

Kathleen Hummel, MSW, PhD (HON)
Therapeutic Director Emeritus

Michael P. Bahlinger
Director of Finance & Operations

Dr. Lizette Smith, PhD
Director of Clinical Programs

Brittany Brown
Director of Development

William Newbold
Chairman of the Board of Trustees

BOARD MEMBERS

Jerry Adams	Mandy Kamykowski
Denise Bahlinger	James & Anne Kelleher
Peter Barkofski	Margy Kemp
Peter Baxendale	Amanda Klenov
Anthony Bedford	Pat Kloster
Peter Berns	Dale & Beth Kluba
Megan Brady	Paul Klug
Michael Brennan	Mark Mager
Ron Cameron	Robert Meyer
Dan Charles	Lori Moser
Katey Darpel	David Nestor
Adrienne Davis	David Nieters
Joe Eppy	Carol Schuchard
Steve Faust	Guy Slay
Ben Geis	Jim Souers
Lisa Goldkamp	Matt Stroble
Scott Goodman	Dan Tarlas
Kathleen Gunn	Donald Vietor
Rick Heinrichs	Dan Wagner
Glenn Heitmann	Ray Wagner
Dixie Hummel	Risa Zwerling – Wrighton
John Irace	

TRUSTEES EMERITUS

Robert and Anne Golterman	Matthew McGrath
Maleen Corrigan	Christine Newbold
Maureen Heitmann	Kent White

IN MEMORIAM

Dr. Peter Hummel	John Seiler
George Kloster	Rev. Robert Weiss S.J.

CONTENTS

ON THE COVER

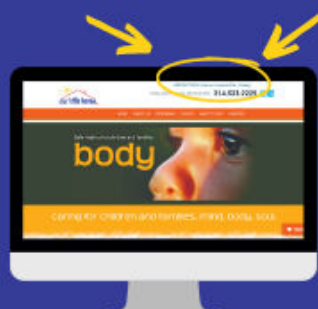
It's summertime in St. Louis! For 30 years, Our Little Haven has served this amazing community.

EVENTS

4 Anniversary Gala

5 2024 Gala News

Visit ourlittlehaven.org homepage and click to join our newsletter!



UPDATES

6-7 New Ways to Support Online

8 Playground Campaign & OLA

9 Shriners Children's Partnership & Noboleis Giveback Weekend

10 Dr. Lizette Smith Award

11 Shoutouts & How to Get Involved



Text OLH to 26989 to stay informed on updates and ways to support!

EVENT RECAP



It was a Celebration
30 YEARS IN THE MAKING

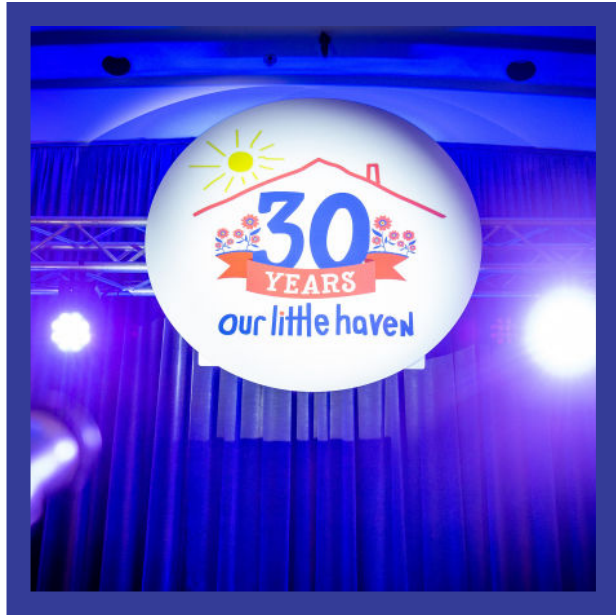
March 4, 2023, was our 30th Anniversary Gala. The event was Chaired by Angie Geis and OLH Trustee Ben Geis, who are longtime supporters, community leaders, and founders of the HavenClub (OLH’s “young professional group”).

Thanks to our incredible sponsors, vendors, volunteers, and guests, it was a celebration we’ll never forget! Motown legend, Theo Peoples, joined forces with some of the city’s finest musicians for a Big Band celebration!

The Gala was designed to invite our community to honor our past, better understand who we are by highlighting our present services, and inspire excitement about furthering our mission moving forward.

We are so grateful for the enthusiasm, generosity, love, and fun that was so present that evening. Thank you all for your generous support, and your continued love and dedication for Our Little Haven and those we serve!

Cheers to 30 Years!



Don't miss next year's Gala!

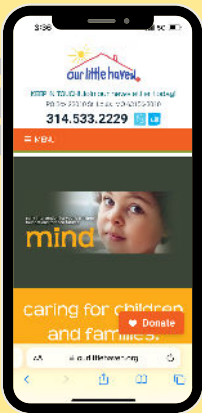
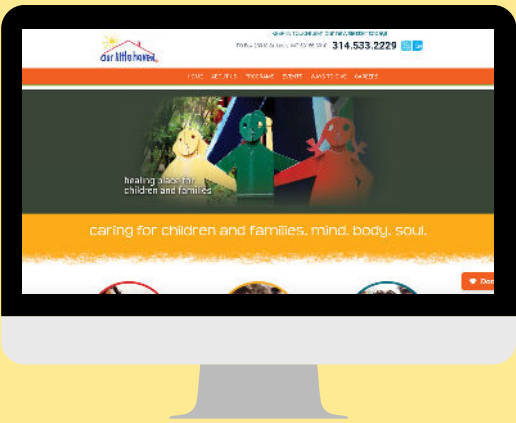


April 27, 2024
CITYPARK Stadium

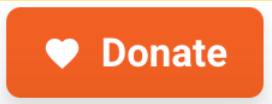
We're excited to announce that our 2024 Gala will be held at CITYPARK Stadium! We will be the first organization to host a complete stadium buyout event. We're excited to use this opportunity to continue to grow awareness of Our Little Haven in our community, attract new supporters to our mission, and create a desire for further engagement. We hope to see you there!

For information about sponsorship and underwriting opportunities, please reach out to our Director of Development, Brittany Brown at bbrown@ourlittlehaven.org

NEW WAYS TO SUPPORT OUR LITTLE HAVEN ONLINE



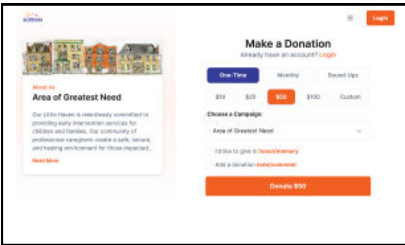
We have an updated donation platform on our website (ourlittlehaven.org) You'll see a "Donate" button on the bottom right corner of the screen on your computer or phone.



Once you click this button, there are several different ways to provide support!

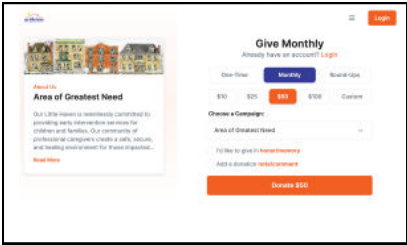
ONLINE DONATION

Easily make gifts through a seamless and streamlined giving experience on our new donation platform. You can also use this platform to give in honor or in memory of a loved one.



MONTHLY GIVING

Increase impact with automatic recurring gifts through monthly giving. By donating or signing up for monthly giving, you can create a personalized account to log in, view your donation history, and make updates.

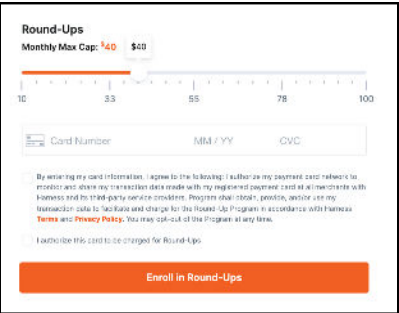


ROUND-UP DONATIONS

Round-Ups is a tool that allows you to enroll and automatically round up your purchases, both in-store and online, and donate the difference to Our Little Haven.

The setup process is simple:

- 1. Create an account through the "Donate" button on our website.
- 2. Link your credit or debit card.
- 3. Add a monthly max giving cap (The minimum monthly amount to donate through round-ups is \$9.99)

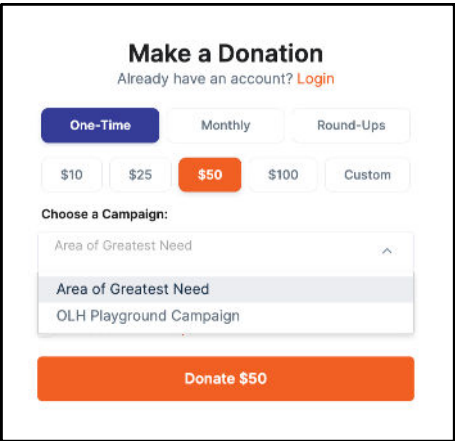


Small change can make a big impact over time!

CAMPAIGN GIVING

Campaigns allow Our Little Haven to raise funds for specific needs for our organization, our programs, and those we serve.

When you make a one-time or monthly donation, it will automatically select "Area of Greatest Need." By using the 'Choose a Campaign' dropdown menu, you can select other specific campaigns that we have throughout the year!



UPDATES




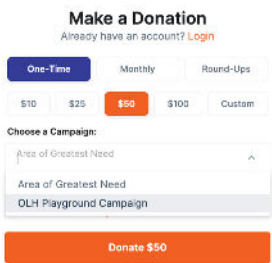
THE POWER OF PLAY TIME

The OLH playground is a crucial part of our therapeutic programming at Our Little Academy. This playground plays a major role in helping our children develop coping skills to deal with frustrations and work through problems. It’s a place of freedom, and with freedom comes learning. Playtime provides an opportunity for improved physical, cognitive, creative, gross motor, and social development.

The safety of our children is a priority. Our current playground has been here for over 20 years and over time, our surface foundation has become fractured and uneven, making it unsafe for children to play. Our playground is in need of a new foundation that allows them to play safely.

With your contributions, we can install beautiful and durable pour-in-place rubber surfacing to provide a safe, non-slip, soft surface and continue to incorporate this important part of OLA therapy.

To donate, use the  **Donate** button on our website. Then use the 'Choose A Campaign' dropdown menu and select "OLH Playground Campaign"



Our Little Academy is a full-day program that provides therapeutic treatment for children ages 3–5 who cannot participate in a traditional preschool/daycare setting due to behavioral or emotional problems.

Diagnoses may include reactive attachment disorder, ADHD, oppositional defiant disorder, PTSD, and other disruptive behavioral disorders. Individual and group therapy, small class size (3–4 children), and a high therapist-to-child ratio (1:3) provides individualized treatment and needed support for children and families.

This is a year-round program, Monday through Friday from 8AM to 3PM, and transportation subsidy is available.

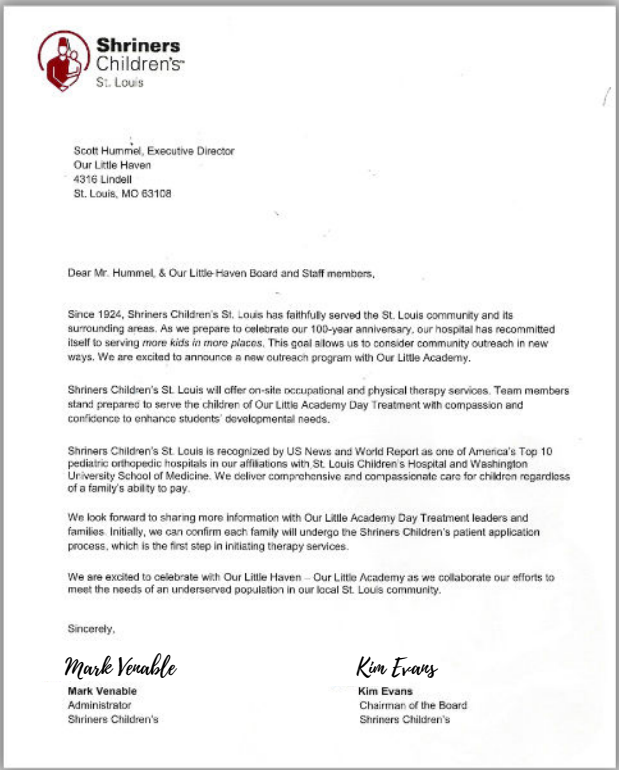
We currently have openings available at Our Little Academy. For more information or to begin the admission process, contact our program manager Sarah Thomas at (314) 533-2229 x 295 or fill out the online inquiry form at ourlittlehaven.org/programs/our-little-academy/

EXCITING NEWS



Shriners Hospitals
for Children

A Partnership with Shriners Children’s!



Formal partnership announcement letter from Shriners Children's

Shriners Children’s Corporate and Local board members recently approved their outreach business plan, allowing them to take the next steps in providing physical and occupational therapy services to our children in Our Little Academy Day Treatment program.

This unique partnership is an opportunity to enhance the significance of “continuity of care” for underserved children and families. It aligns with our comprehensive approach focusing on services that treat the mind, body, and soul of those we serve. “This is a remarkable relationship with a highly regarded and esteemed health provider. We’re honored and excited!” notes OLH Chair Bill Newbold.



Giveback Weekend
September 15–17, 2023

100 Hemsath Rd, Augusta, MO 63332

We are so grateful for our friends at Noboleis Vineyards, who will be hosting a Giveback Weekend on September 15–17. They will be donating 10% of their onsite sales from those 3 days to Our Little Haven!

We hope to see many of you there enjoying a day at their beautiful winery and knowing that by doing so, you are helping to support the children and families we serve.



EXCITING NEWS

2023 Excellence in the Field of Mental Health Awarded to OLH Director of Clinical Programs, Dr. Lizette Smith



Join us in congratulating our very own Dr. Lizette Smith, OLH's Director of Clinical Programs, who was honored at the St. Louis American Foundation's 23rd Annual Salute to Excellence in Health Care Awards Reception. Dr. Smith has always understood her career as a well-defined Calling; not just a vocation.

Dr. Smith graduated from Beaumont High School and Washington University in St. Louis, MO. Confident in her chosen area of study, she quickly learned the significance of majoring in Psychology at Washington University. She was exposed to the rigors of scholarly research and study through her academic advisor, Dr. Robert L. Williams. Dr. Williams is well-known for researching and developing the concept of cultural bias, especially in intelligence testing, and the impact of race and culture in health service delivery. Dr. Smith went on to obtain her Master's degree from his program in Minority Mental Health, which was among the first graduate programs in the country to address the legitimacy of racial and cultural diversity in mental health outcomes.

She earned her doctorate in Clinical Psychology from the University of Illinois-Champaign. Her area of focus was Community Psychology, which promotes positive change, health, and empowerment of excluded communities, through both individual and systems-level change.

Prepared with critical approaches for the study and delivery of mental health services for marginalized populations, Dr. Smith's now 32-year career as a Licensed Psychologist demonstrates her commitment to promoting equitable access to care. Her experiences integrate multiple system levels to affect positive change and impact mental health care disparities.

When Dr. Smith joined Our Little Haven in 2003 – some twenty years ago – she did not anticipate how her role would expand and evolve. She was originally hired as the lone Psychologist to provide mental health services.

When launching Keystone Mental Health Services at OLH, Dr. Smith was responsible for every function, from answering the door to providing direct care, to developing essential protocols to meet legal, ethical, and quality of care standards. Now, Keystone Mental Health Services has grown to a full staff, including Psychologists, Clinical Social Workers, Psychiatrists, Nurses, Intake Coordinator, and Administrative Assistants.

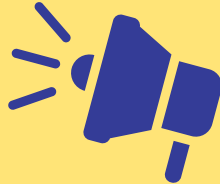
Dr. Smith became Director of Clinical Programs in 2007, having oversight of all clinical services at Our Little Haven. She is also the HIPAA Privacy Officer and Accreditation Coordinator for the agency. Keystone Mental Health Services also specializes in early intervention psychotherapy for very young children and families; comprehensive psychological evaluations; play therapy; and cultural competence.

Improving access to mental health care is a decided passion for Dr. Smith. She has found that it requires a multi-level approach to maximize impact. She secures licensed practitioners dedicated and trained in serving the underserved by initiating and maintaining Keystone credentials as an accredited site of the National Health Service Corps (NHSC). This federal program supports qualified licensed practitioners remaining in high-need areas of the region. It allows Keystone to maintain a diverse staff that is trained in researched and valid assessment and treatment methods.

Dr. Smith is a crucial member of OLH, she embodies our mission and serves with such dedication. She has written, participated in writing, and maintained grant funding of over \$7 million to directly support client mental health care. It has been important to Dr. Smith to remove financial barriers. No client is turned away due to inability to pay. Her expertise and commitment is so valuable. It is an honor to have her on our team, and we're thrilled that she is being recognized for her tremendous work in our community.



Donor & Volunteer Shoutouts



Nerinx Hall SHOUT Week
Fundraiser put on by students



STLIA Golf Tournament
Association event benefiting OLH



SFW Partners Donation
Employee Give Back Program



Our Lady of Providence Parish
Supply Drive



TechLab Team Building
Shopping Spree Donation



KT LAW FIRM
Done In a Day Volunteering at OLH

HOW CAN YOU GET INVOLVED?

You can host a unique and fun event with your own organization, company, or group. For example, Nerinx Hall's SHOUT Week fundraiser, STLIA's Golf Tournament, and icon Mechanical's Annual Clay Day! Feel free to get creative with ways to partner. TechLab reached out to us because they were looking for a way to give back, and also a fun team-building activity during their annual sales meeting. We provided a wish list of items for those we serve from our program managers, and the TechLab team had a shopping spree competition, what a great way to give back!

Reach out to Brittany at bbrown@ourlittlehaven.org with your questions and ideas.



NON-PROFIT
ORG.
U.S. POSTAGE
PAID
ST. LOUIS, MO
PERMIT NO.
2111

P.O BOX 23010
ST. LOUIS, MO 63156-3010
WWW.OURLITTLEHAVEN.ORG

Connect with us
through your favorite
social networks



Our Little Haven



@ourlittlehaven



@OurLittleHaven

Text OLH to 26989 and visit
ourlittlehaven.org to subscribe to
our e-newsletter and receive the
latest news!

Donate
Here



UPCOMING EVENTS

OCTOBER 6th, 2023

**icon Mechanical
Clay Day**

St. Louis Skeet & Trap

OCTOBER 16th, 2023

**Our Little Haven
Golf Tournament**

Sunset Country Club

NOVEMBER 11th, 2023

Chic Boutiques

Saint Nicholas Family Life Center

APRIL 27th, 2024

Our Little Haven Gala

CITYPARK Stadium



P.O. Box 23010 St. Louis, MO 63156-3010 ~ 4316 Lindell Blvd St. Louis, MO 63108 ~ (314) 533-2229
www.ourlittlehaven.org ~ bbrown@ourlittlehaven.org