

Dreams are their haven.

Saint Louis, Missouri



# 2006

**I**n 2006, Our Little Haven programs touched hundreds of lives in the St. Louis region. Every day Our Little Haven helps children and families grow strong.

Home is their haven.  
Education is their haven.  
Community is their haven.  
Family is their haven.  
  
Dreams are their haven.



2006 Annual Report • Our Little Haven

# *Creating a community where children are cherished*

**The Mission** Our Little Haven is relentlessly committed to providing a safe, secure and healing environment for children suffering from the tragedy of abuse and neglect. Our dedicated and compassionate community of caregivers make the hurting stop, the healing begin and the love last, one child at a time.

**2006 was a year of evolutionary growth.** New program funds awarded in 2006 are helping Our Little Haven evolve and grow. Two 2006 grants were awarded by the Children's Services Fund of the Mental Health Board to (1) make a difference in the lives of City of St. Louis children with serious emotional disturbance (SED) and (2) help City of St. Louis troubled parents be better parents for their children. They are major grants of \$250,000 for five years (SED) and \$89,000 for three years (parent learning), provided with

tax levy funds from Proposition K passed by City of St. Louis voters in 2005. OLH will combine a new therapeutic tool---Parent Child Interaction Therapy---with existing Keystone Psychological Services to improve care for more children with serious emotional disturbance and help parents consistently use new skills to provide positive discipline and structure to effectively manage problem behaviors.



# A year of evolutionary growth

**Director's Message** Without a doubt, Our Little Haven has evolved and grown. 2006 caps several years of evolutionary growth for our agency. In our founding year 1993, we served 30 children in a year with our single program, the Children's Residential Program. In 2006, Our Little Haven has evolved to a suite of 6 programs serving more than 250 children on an annual basis.

2006 stands out as a leapfrogging year in Our Little Haven's evolution. By this I mean that

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*"We are a unique place for unique children---and we have a solution in hand. We are serving more children than ever before. Whatever it takes--to help more kids." Scott Hummel, Exec Director*

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we can streamline the assessment and early treatment phase of our care, and also offer this service to the larger community, because we received funds to quadruple the amount of consultation time provided on a weekly basis by the OLH consulting psychiatrist. This will help eliminate what can be an up-to-4-month bottleneck in the service chain for those chil-

dren with the most serious issues. Under this grant, we will also be able to implement P/CIT (Parent/Child Interaction Therapy), and to introduce this innovative and effective new treatment modality into the St. Louis

## 2006 Milestones

- Served our 700th residential child
- Tenfold growth over last decade to now serving 350 children annually in 6 programs
- Sent two OLH therapists to a weeklong P/CIT training in Cincinnati, through funds received by CSF-MHB
- Served our 100th family in the Keystone Psychological & Counseling Services unit.
- Graduated our first Our Little Scholar from Our Little Academy Therapeutic Pre-school, with the graduate entering a mainstream Kindergarten.
- Our Little Academy received MO-DMH licensure as a daytreatment preschool (one of 3 in Missouri)
- Received our first Legacy Gift.

Thank you to our community for another wonderful year of their dreams coming true.



# New programs reach further

## Early Childhood Consultation

Supporting children and families early can help a child grow into a healthy adult; OLH began an **Early Childhood Mental Health Consultation** program in 2006. **Dr. Lizette Smith**, the OLH psychologist, provides weekly screenings and consultation to staff and parents of children at **The Nursery Foundation**, an early childhood program in our neighborhood. The program works to provide prevention and early intervention techniques for the staff, helping them learn to identify at-risk children and ensuring that the children and their families receive the special assistance they may need to thrive.

## Primary Care Early Screening Program

Under this early developmental screening, OLH pediatrician Dr. Denise Johnson's parents of children ages birth to 5 years complete the ASQ which is scored by OLH Nurse **Pat Deutsch** and evaluated by an OLH therapist to identify problem areas. Parents may then be provided with referrals for additional screenings or treatments.

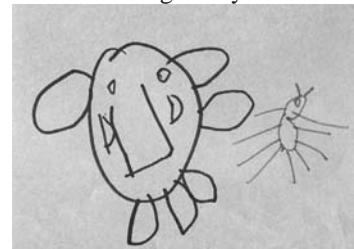
## Pediatric Psychiatric Network

OLH consulting psychiatrist **Dr. John Rogakos** participates with OLH pediatrician **Dr. Denise Johnson** in the OLH Pediatric Psychiatric Network, where children needing combined pediatric care and medical psychiatric services can be cared for and monitored most effectively through a close collaboration between the two. As part of the Network, additional therapy services are provided by Our Little Haven Keystone Psychological and Counseling Services therapists.

## Parent/Child Interaction Therapy

In 2006 OLH began to offer a new method for treating families with young children who have behavioral and emotional problems. Parent-child interaction therapy (PCIT) was developed within a university setting, but has since branched out to therapeutic centers for use with a wide range of children, including those affected by early childhood trauma, and foster/adoptive families. In fall 2006, OLH sent Director of Clinical Programs, **Dr. Maureen McCreery**, and OLH therapist, **Charlene Warner**, to **Cincinnati Children's Hospital Medical Center** for 5 days of intensive training in this evidence-based form of therapy.

PCIT is a combination of behavior and play therapy, family systems and social learning theory using parent/therapist coaching in a special PCIT setting using a one-way mirror and remote earpiece/microphone setup. Parents are taught and learn to focus on the positive. The program assists parents who are learning to manage children with difficult behaviors. Parents use therapist coaching, direct application, validation and skill mastery, and integrate new skills into everyday interactions over a 12-16 week period.



“The response to this program has been phenomenal,” says McCreery, “We’re receiving referrals from as far away as St. Charles County.” *For more information on this or other programs at OLH, please call (314) 533-2229 x275.*

# Young scholar loves learning at Our Little Academy

In 2006, Our Little Academy Therapeutic Preschool at Our Little Haven became one of three therapeutic daytreatment preschool programs in the state of MO licensed by the MO Department of Mental Health. Also in 2006, the first Our Little Scholar, Kylan (*below, photo used with permission*) became the **first graduate of our therapeutic preschool** program. Kylan grew tremendously in

his yearlong career at Our Little Academy. We are so proud of his determination and so inspired by his joy in learning, and thankful that he came into our lives.



# *Alumni visit as young adults on their way*

Our Little Haven's first group of residential children were infants when we opened our doors in 1993. They're looking toward high school now. When Scott and Kathleen opened the doors in 1993 they were hardly out of high school themselves---who knew that Our Little Haven would evolve and grow while our graduates were out there in the world gearing up to join as excited high schoolers on their way to becoming wonderful adults. 2006 saw the return of four of our first residents: Porshia, Ricky, Dee and Antoine, who came to visit over their winter break and have a mini-reunion. Former Our Little Haven houseparent Mary Dorsey rounded them up and brought them to the Haven for a lunchtime celebration. OLH staffpersons Judy

Combs and Mary Crook brought in two Crave Cases of White Castles, and we all got down to the business of catching up. The "fab four" (our nickname for them) are growing up healthy and strong---with combined interests ranging from baseball to football to dancing to Russian. All have close ties to adoptive and kin/extended families---all are in wonderful stable, loving homes, and one has been accepted at an elite private college prep school. Dreams come true, and life unfolds in a way we can never know while we're living it; hopefully we can all take time from time to time to look back and smile at how it all turns out. Time to get those college essays started!



# 2006 service totals

## Our Little Academy

(Initiated Services in November 2005)

Number of Children Served: 8

## Residential Treatment

Number of Children Served: 74

Of this total:

Abused and/or Neglected 42 57%

Drug exposure 5 7%

Foster Care Failure 27 36%

Average age of children in care: 5 years old

Average length of stay: 98 days

## Family Nurturing Program

Number of Children Served: 44

Number of Families Served: 31

80% retention rate of participants

## Keystone Psychological and Counseling Services

Services provided are complete mental health assessments, individual therapy, Family therapy and group therapy.

Number of clients served: 90

## Taylor Family Care Center – Foster Care Case Management

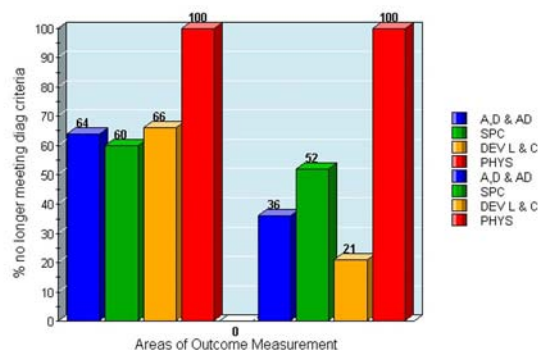
Children in Case Management Program: 54

Children Placed in Permanent Settings: 22

**Service notes:** Average length of stay in the Residential Program underwent a sharp decline in 2006, from an average 6 months in 2005 to an average 98 days=50% decline. At the same time, the numbers of children in residential increased (43 in 2005 to 74 in 2006). It is clear that OLH managed a major shift in the way we are utilized by MO-CD (Missouri Children's Division) with respect to Residential Program. Outcomes were excellent nonetheless, OLH innovation and strength in this situation is staffing to provide professional psychological/developmental assessment with OLH licensed staff psychologist. This info follows children as they are placed from OLH, and serves as the all-important baseline on which future decisions can be made to the children's

The graph below shows that residential outcome results are good, but even better with a longer length of stay, as in 2005. OLH strategy in the 2006/2007 service environment is to make sure we do the all-important professional assessments---which serve to guide children's future treatments.

Outcomes for Children 2006 and 2006



Areas of outcome measurement include:  
 1. Aggression, Depression and Attention disorder (A,D & AD)  
 2. Social Problems Scale (SPC)  
 3. Developmental, Language & Communications (DEV L & C)  
 4. Physical (PHYS)

advantage, and as a gateway to streamline further care. OLH strategy is to try to continue treatment service on an outpatient basis with as many children as possible after they go to kinship or foster care through OLH Keystone Psychological & Counseling unit (in-home or in-agency family and/or child therapy, w/psych meds if needed plus consulting psychiatrist services). We also offer our full-day treatment program: Our Little Academy Therapeutic Preschool as an option.

When treatment helps troubled children improve behaviorally and developmentally this directly impacts the success of children in permanent, secure placements on discharge, because if their behavioral and health needs are addressed, it is much more likely that their placements will remain secure. Without Our Little Haven care, these children would not have recovered to this extent and most would lose ground.

# 2006 Board of Directors

## Board of Directors

Jerry Adams, Marriott  
Denise Bahlinger, Community Volunteer  
Peter Barkofske, Anheuser-Busch  
Karen Beasley, Citicorp  
Peter Baxendale, MO General Insurance  
Lisa Chandler, GHP  
Daniel Charles, Janus  
Anne Golterman, Jenkins, Kling, Sauerwein  
Robert Golterman, Lewis, Rice & Fingersh  
Stacy Hastie, Environmental Operations  
Stephen Heck, Century Planners  
John Irace, Packaging Concepts  
Anthony Jones, Anheuser-Busch  
Darryl T. Jones, Tri-Tec  
Ann Kelleher, Cutters K & B  
James Kelleher, G-Day Imports  
Paul Klug, PSWS  
Mark Mager, Emerson Tool Co.  
Matt McGrath, Holmes Murphy & Assoc.  
Bob Meyer, The Meyer Group  
David Nestor, Enterprise Rent-A-Car  
Christine Newbold, Community Volunteer  
William Newbold, Baer Stearns & Co.  
Brian Paluch, Paric Corporation  
John Seiler, Seiler Plastics  
Scott Thomlison, Community Volunteer  
Gary Tompkins, FCS Financial  
Donald Vietor, The Boeing Company  
Fr. Robert Weiss, S.J., Jesuits of MO Province  
Risa Zwerling-Wrighton, Community Volunteer

## Officers

Chair, Board of Directors - William Newbold  
Treasurer - Donald Vietor  
Secretary - James Kelleher  
President - P. Scott Hummel  
Vice-President - Kathleen Hummel

## Administrative/Executive Staff

P. Scott Hummel, MSW, LCSW  
Executive Director  
Kathleen A. Hummel, MSW, LCSW  
Therapeutic Director  
Michael P. Bahlinger, CPA  
Director, Finance and Operations  
Maureen McCreery, PsyD, MEd  
Director of Clinical Programs

# 2006 Major Donors

Ace Hardware  
Adams Foundation  
American Family Mutual Insurance Co  
Anheuser-Busch, Inc.  
Anthem Blue Cross Blue Shield  
ARCO Construction Company  
Arrow Box Company  
Atkins Charitable Trust  
Baron's Express  
Bear Stearns  
Bell, Andrew and Renee  
Boeing Employees Community Fund  
The Boeing Foundation  
Braun, Thomas and Stephanie  
Budrovich Contracting  
Byrne, Robert and Madeleine  
C. Steven Duncker Foundation  
CW11 Gateway Charities  
Carpenters District  
Charles, Dan and Mary  
Clark, R.B.  
Combined Federal Campaign  
Commerce - Commerce Trust  
Conlon, Timothy and Mary  
Cooke, Thomas  
Daughters of Charity Healthcare Foundation  
Dent Wizard International  
Dominican Sisters  
ESCO Technologies  
Enterprise Foundation  
Emerson Foundation  
Emerson Hermetic  
Emerson Tool Co.  
Environmental Operations, Inc  
Fabick Charitable Trust/CAT  
Ford Motor Company  
Garden Heights Nursery, Inc  
Gilligan, Peg  
Guth Foundation  
Hastie, Stacy and Carol  
HealthLink  
Heitmann, Glenn and Maureen  
Hummert Partners  
Irace, Anthony  
Irace, John and Sandy  
JMS Charitable Foundation  
Janus Capital Management LLC  
Jefferson Bank & Trust  
Jordan Charitable Foundation  
Kallaos, William and Connie  
Keystone of St. Louis  
Kisling Foundation  
Kiwanis Club of Chesterfield  
L.K. White and Associates, Inc  
Larson, Allan, Weishair & Co  
LeGrand, Larry and Dot  
Leehar Distributors, Inc.  
Lewis, Rice & Fingersh, L.C.  
Lieber, Robert J.  
Lipton Group, Inc.  
Lofton, Rodney/Michelle  
MFG, L.L.C.  
Mahacek, Jeanette  
Marcone Appliance Parts  
McBride & Son Homes  
McCarthy Charity Golf Classic  
McCarthy Construction  
McKee, Chris  
Mentel, Jeff and Cindy  
Meredith Corporation  
Meritain Health  
Meyer Group  
Meyer, Bob and Denise  
Midwest Bank Centre  
Missouri Foundation for Health  
Momentum  
Muehlenkamp, V.J. and Barb  
NFL Alumni St. Louis Chapter  
National Administration  
Nestor, Dave and Laura  
Newbold, Bill and Chrissy  
North American Administrators  
Packaging Concepts, Inc.  
Paluch, Brian and Caroline  
Paric Corporation  
Pott Foundation  
Questar Capital Corporation  
Rubin Brown  
S.L.A.H.U.  
SBC Foundation  
Security Traders Association  
Seiler, John and Ann  
Shocklee, Timothy and Pam  
Sigma-Aldrich Corporation  
Simmons Charitable Foundation  
Snively, David F and Diane  
Southwest Bank  
Springer Family Partnership  
St. Louis Area Meeting Professionals  
St. Louis Cardinals Foundation  
St. Louis Variety  
Sullivan, Richard and Susan  
Supervalu Foundation  
THF Realty  
Thermadyne  
Thomlison, Scott and Meo  
Tober, Abraham and Anna Trust  
Tri-Rinse  
Tri-Tec, Inc.  
Tschudy, Steven  
UNICO  
Uhlenhop, Robert and Marsha  
United Van Lines  
Walker Adams Charitable Trust  
Werner, Peter and Linda  
White, Kent and Marjorie  
Wolff, Edith

# 2006 Audited Financial Statement

## OUR LITTLE HAVEN STATEMENT OF FINANCIAL POSITION

### Assets

	June 30,	
	2006	2005
Cash and cash equivalents (Note 3)	\$ 787,933	\$ 1,154,447
Accounts receivable (Note 4)	82,955	80,204
Unconditional promises to give (Note 5)	107,743	9,415
Prepaid expenses	106,775	73,153
Advances on life insurance contracts (Note 6)	47,396	30,819
Property and equipment (Notes 7 and 10)	1,154,955	1,222,555
Other assets	400	1,441
Assets appropriated for endowment (Note 8)	2,177,147	1,605,534
<b>Total Assets</b>	<b>\$ 4,465,304</b>	<b>\$ 4,177,568</b>

### Liabilities And Net Assets

<b>Liabilities</b>		
Current maturities of long-term debt (Note 10)	\$ 4,452	\$ 4,186
Accounts payable and accrued expenses	51,040	40,231
Deferred revenue	5,900	2,500
Long-term debt (Note 10)	41,944	46,396
<b>Total Liabilities</b>	<b>103,336</b>	<b>93,313</b>
<b>Net Assets</b>		
Unrestricted:		
Unappropriated:		
Invested in property and equipment	1,108,559	1,171,973
Operations	968,519	1,297,333
<b>Total Unappropriated</b>	<b>2,077,078</b>	<b>2,469,306</b>
Board appropriated endowment	2,177,147	1,605,534
<b>Total Unrestricted</b>	<b>4,254,225</b>	<b>4,074,840</b>
Temporarily restricted (Note 11)	107,743	9,415
<b>Total Net Assets</b>	<b>4,361,968</b>	<b>4,084,255</b>
<b>Total Liabilities And Net Assets</b>	<b>\$ 4,465,304</b>	<b>\$ 4,177,568</b>



# 2006 Audited Financial Statement

## OUR LITTLE HAVEN

### STATEMENT OF ACTIVITIES

	For The Years Ended June 30,					
	2006			2005		
	Unrestricted	Temporarily Restricted	Total	Unrestricted	Temporarily Restricted	Total
<b>Public Support, Revenue And Gains</b>						
Contributions:						
Churches/schools	\$ 8,047	\$ —	\$ 8,047	\$ 9,466	\$ —	\$ 9,466
Civic groups	15,255	—	15,255	47,516	—	47,516
Corporations	127,231	157	127,388	160,340	—	160,340
Memorials and tributes	20,889	—	20,889	22,446	—	22,446
Foundations	235,428	99,586	335,014	193,642	—	193,642
Individuals	214,778	—	214,778	200,342	—	200,342
In-kind donations	20,000	—	20,000	23,762	—	23,762
	641,628	99,743	741,371	657,514	—	657,514
Fundraising (net of direct expenses of \$74,873 in 2006 and \$78,832 in 2005)	556,863	8,000	564,863	455,501	—	455,501
<b>Total Public Support</b>	<b>1,198,491</b>	<b>107,743</b>	<b>1,306,234</b>	<b>1,113,015</b>	<b>—</b>	<b>1,113,015</b>
<b>Revenue And Gains</b>						
Program service revenues (Note 4)	1,062,336	—	1,062,336	1,061,331	—	1,061,331
Interest and dividends	65,358	—	65,358	48,928	—	48,928
Realized gain (loss) on investments	7,440	—	7,440	(4,579)	—	(4,579)
Unrealized gain on investments (Note 8)	78,051	—	78,051	90,782	—	90,782
Other income	16,576	—	16,576	—	—	—
<b>Total Revenue And Gains</b>	<b>1,229,761</b>	<b>—</b>	<b>1,229,761</b>	<b>1,196,462</b>	<b>—</b>	<b>1,196,462</b>
<b>Net Assets Released From Restrictions (Note 11)</b>	<b>9,415</b>	<b>(9,415)</b>	<b>—</b>	<b>53,500</b>	<b>(53,500)</b>	<b>—</b>
<b>Total Public Support, Revenue And Gains</b>	<b>2,437,667</b>	<b>98,328</b>	<b>2,535,995</b>	<b>2,362,977</b>	<b>(53,500)</b>	<b>2,309,477</b>
<b>Expenses</b>						
Program services	1,833,005	—	1,833,005	1,721,770	—	1,721,770
Management and general	142,701	—	142,701	141,179	—	141,179
Fundraising	282,576	—	282,576	249,289	—	249,289
<b>Total Expenses</b>	<b>2,258,282</b>	<b>—</b>	<b>2,258,282</b>	<b>2,112,238</b>	<b>—</b>	<b>2,112,238</b>
<b>Increase (Decrease) In Net Assets</b>	<b>179,385</b>	<b>98,328</b>	<b>277,713</b>	<b>250,739</b>	<b>(53,500)</b>	<b>197,239</b>
<b>Net Assets - Beginning Of Year</b>	<b>4,074,840</b>	<b>9,415</b>	<b>4,084,255</b>	<b>3,824,101</b>	<b>62,915</b>	<b>3,887,016</b>
<b>Net Assets - End Of Year</b>	<b>\$ 4,254,225</b>	<b>\$ 107,743</b>	<b>\$ 4,361,968</b>	<b>\$ 4,074,840</b>	<b>\$ 9,415</b>	<b>\$ 4,084,255</b>

# *Organizational stewardship*

Our Little Haven's operations are transparent and open to the public, to the extent allowable under confidentiality and privacy law and regulation. Our Little Haven is committed to stewardship and transparency; Our Little Haven's IRS Form 990 is on view to the public at [www.guidestar.org](http://www.guidestar.org).

Our website is: [www.ourlittlehaven.org](http://www.ourlittlehaven.org)

Approximately one-half our cost to operate comes in the form of fee-for-service payments from the Missouri Children's Division. The remainder comes from individual, corporate and foundation contributions and fundraising events.

Our agency's mailing address is:  
P.O. Box 23010, St. Louis, MO 63156-3010.

Telephone contact: (314) 533-2229

