

haven.

Childhood should be a haven where young ones are safe and secure—where they are busily forming the foundations for their futures. These include the basics, such as attachment to loving parents—stability in nurturing homes—readiness for school success. Sometimes it's not quite so simple, and that's where Our Little Haven comes in. Our Little Haven's early intervention approach to care for children makes all the difference in their little lives.

A haven for mending broken hearts: Each child's problems are different, but there is one common link: early childhood trauma causes broken hearts. Early care can turn tears to smiles, and give them back their childhood.

A haven where many hands help: Our Little Haven invites the community to help: it takes many hands to pick up the pieces and give children the haven of a childhood where they can build their dreams.



here + now.

It's very simple, really. Early care provided early in a child's life can make all the difference. It just makes sense. If we apply necessary resources early, it prevents problems from compounding—ultimately saving lives and resources in the long run. And children will get off to a great start. They will have the nurturing haven of a childhood where they can build their future dreams.

That's what it's all about.

How can you help?

If you're a parent: give them your time and your tenderness. If you have questions or need services, contact Our Little Haven.

If you're a child-serving professional: recommend early intervention care. Refer your clients who can benefit from Our Little Haven care. Contact Our Little Haven to view our center.

If you're a donor: make a donation, and help change a child's life. Only one-half of our operating costs are provided by state funding. Our Little Haven turns to the community to help make a difference in a little child's life. Your donation helps assure that our services are open to all, including Medicaid eligible families. Services are offered free of charge or on a sliding fee scale.

If you love children as we do, and believe in their futures: please join with us as we build a community where all children are cherished. Our Little Haven is an independent, non-profit agency providing care for children since 1993. To learn more, please visit our website at www.ourlittlehaven.org or email us at development@ourlittlehaven.org.



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ourlittlehaven.org

Our Little Haven



Childhood is a haven.



dreams are their haven.

haven programs.

residential treatment.

Therapeutic residential treatment provides 24-hour care with intensive early intervention services for children ages birth through 9. Children placed at Our Little Haven have been removed from parental custody due to early childhood trauma including abuse, neglect or abandonment. Early intervention includes nursing care, individual and group therapy, speech therapies, mental health assessment/treatment and psychiatrist MD consultation. Early, intensive therapeutic treatment makes all the difference.

psychological services.

Our Little Haven offers professional psychological services to the general public through our Keystone Psychological and Counseling Services program. Licensed psychologists provide assessment (all ages) and treatment (ages 2-12, adults and families) at our agency offices, and professional in-home therapy is available. Consultation with a psychiatrist MD may be scheduled at our facility. Keystone services include Parenting Assessment, Bonding Assessment, Psychological Evaluation, Individual/Family Therapy, Behavior Management Strategies and Infant Mental Health evaluation and treatment. New to St. Louis is Our Little Haven's **Parent-Child Interaction Therapy**. Keystone services also include **Parenting Classes** offering therapeutic treatment and parent learning in a group setting.

therapeutic preschool.

"Our Little Academy" is Our Little Haven's therapeutic preschool. This innovative day treatment program is unique to the region. Our Little Academy provides therapeutic treatment in a preschool setting for children ages 3-6 who cannot participate in a traditional preschool/day care due to behavioral or emotional problems. Individual and group therapy, small class size (6-8 children) and a low (3:1) child-to-therapist ratio provides needed support for children and families.

case management.

Our Little Haven's contracted Foster Care Case Management Unit provides services for children and families involved in the foster care system due to abuse and/or neglect. The children we serve range in age from newborn to 21 years of age. Case managers assist families in the goal of reunification, but if that is not possible, they work to secure a safe, loving, and permanent home for foster children.

childhood is their haven.

